

SPECIAL ACTIVITIES AND TOURNAMENTS FALL 2009

TWO PERSON SCRAMBLE GOLF TOURNAMENT

Tournament: Two person scramble on Friday, September 25.

ENTRY DEADLINE: Tuesday, September 22, 12:00 Noon Service Counter at IM Sports West

Entry Fee: \$44 Student Team

(Entry fee includes; green fees and event prizes. Golf carts require an additional fee – to be paid at the event.)

Two Person Scramble Golf Tournament will be held on Friday, September 25 at Forest Akers East Course.

Tee times will begin at 12:00 noon. Information sheets available at IM West and IM East Service Counters.

BEST BALL GOLF TOURNAMENT

Tournament: Two Person Best Ball on Friday, October 9.

ENTRY DEADLINE: Tuesday, October 6, 12:00 Noon - Service Counter at IM Sports West

Team Entry Fee: \$66.00 Total Team Entry Fee

(\$6.00 team entry fee plus \$60.00 team greens fee, golf carts extra - pay at event)

Golf Tournament will be held Friday, October 9 at Forest Akers West Course.

Tee times begin at 12:00 noon. Teams will consist of 2 players, Best Ball format. Information sheet is available at IM West and IM East Service Counters.

TENNIS SINGLES AND DOUBLES

Tournament: Men's and Women's Singles and Doubles

How to enter: **Entry forms and information available after September 2 at IM Sports West Service Counter.**

ENTRY DEADLINE: September 23, 12:00 NOON (at IM West Service Counter)

Entry Fee: \$3.00 per participant.

Weekend Tournament: September 26-27.

SELF DEFENSE PROGRAM

Two-hour workshop that provides common sense, practical information regarding sexual assault prevention. Learn verbal, non-verbal, psychological, and physical techniques for defending potentially violent encounters. Practice basic self-defense skills to help ward off an attack. Practical and fun – open to both women and men – FREE. For schedule of open programs, check our website or call Angela Michael at (517) 432-2661.

SPECIAL ACTIVITIES AND TOURNAMENTS

FALL 2009 CONTINUED

SWIM CLINIC

STROKE IMPROVEMENT SWIM CLINIC: This clinic is for all adult master's swimmers, tri-athletes, or swimming enthusiasts. Have your swim stroke analyzed by the MSU Varsity Swim Coaching Staff during your lunch hour. This is free to all faculty, staff, and students.

Dates: 9/9, 9/23, 10/7, 10/21 and 11/4 Location: IM West indoor pool Time: 12-12:45 p.m.

SAILING CENTER

“LEARN TO SAIL” classes for fall 2009. Classes start on September 2nd, 3rd, & 5th. Classes meet for 3 hours twice a week for 4 weeks. Contact the Sailing Center at (517) 339-8269 for information or to enroll.

Class schedule dates and fees can be found at www.msusailing.com

***** This class is also available as a 1 credit activity (BIP) class through the Department of Kinesiology (KIN101U)**

IT IS NECESSARY TO HAVE AN MSU ID TO USE THE IM FACILITIES.